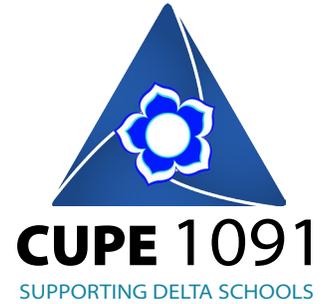


CUPE Local 1091
Canadian Union of
Public Employees
Delta School District
Support Staff

Next General Meeting
March 17, 2018
DMEC
9:30 am sharp!
*Join us for goodies
& door prizes!*



Newsletter

**MARCH
2018**

Horizons

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CONTACT US

website:
www.cupe1091.com

email:
local1091@cupe1091.com

phone:
604-940-8596

IS SPRING REALLY IN THE AIR?



The first day of Spring is just around the corner yet in recent days it's felt more like the dead of Winter than anything else. For the fledgling flowers that have braved their heads above ground the shock of the recent snowfalls have sent them into a holding pattern while they hope for warmer and sunnier days.

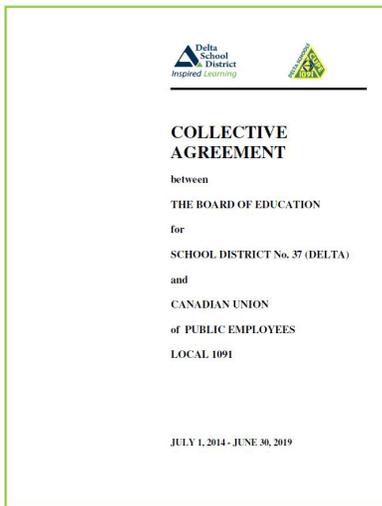
We too are in a holding pattern waiting for Spring and Spring Break to arrive. Waiting until we can let go of the stress of our jobs; the burdens of everyday life and get away for some rest and relaxation. For those of you who will not be at work for the 2 week break I hope you are able to take this time to wind down and recover at least some of the lost energy and enthusiasm you have for your work and life so that you are able to return in April with a renewed commitment to work together for the better good of all staff and students.

On behalf of CUPE 1091 I sent in a preliminary budget submission to the Board of Trustees on February 27th for them to consider in this year's budget process. We will be watching the process closely and will be reporting to the membership as information becomes available to us. The next public input meeting is April 17th. My submission can be found on our Local's website. cupe1091.com

On March 8th, there will be celebrations all across Canada for International Women's Day. The first observance of IWD was held in New York in 1909 and was adopted by the United Nations in 1975. It is a day to commemorate the movement for Womens' Rights. I will be attending the CUPE Metro & District Council IWD event and luncheon in Surrey this year. This event is sponsored by CUPE Metro every year and rotates throughout the Metro Locals and area.

Remember to Spring Forward on March 11!

In solidarity,
Patti Price
President, CUPE 1091



KNOW YOUR COLLECTIVE AGREEMENT

Article 11:06 Vacant and/or New Positions

a) All postings shall contain the following information: nature and scope of position, qualifications, hours of work, location of work, program, and rate of pay.

If you are being asked by your administrator to move from the program you posted into and move to work into another program within your school (ie: social learning to resource room), please contact the union office as soon as possible. This is a violation of the above Article of our Collective Agreement.

If you have questions or concerns, please contact the union office at 604-940-8596

WORKSAFE JOINT HEALTH AND SAFETY COMMITTEE

The joint committee plays an important role in your occupational health and safety program, giving workers and employers a way to work together to identify and find solutions to workplace health and safety issues. The joint committee has the following specific duties and functions:

- Identify situations that may be unhealthy or unsafe for workers, and advise on effective systems for responding to those situations
- Consider, and promptly deal with complaints relating to the health and safety of workers Consult with workers and the employer on issues related to occupational health and safety, and the occupational environment
- Make recommendations to the employer and the workers for the improvement of the occupational health and safety, and the occupational environment of workers
- Make recommendations to the employer on educational programs promoting the health and safety of workers and compliance with Part 3 of the Workers Compensation Act and the regulations, and to monitor their effectiveness
- Advise the employer on programs and policies required under the regulations for the workplace, and to monitor their effectiveness
- Advise the employer on proposed changes to the workplace, including significant proposed changes to equipment and machinery, or the work processes that may affect the health or safety of workers
- Ensure that accident investigations and regular inspections are carried out as required
- Participate in inspections, investigations and inquiries as provided in Part 3 of the Workers Compensation Act and Section 3 of the Regulation

In workplaces where a worker health and safety representative is required, the representative has the same duties and functions as a joint committee, to the extent practicable.

MANDATORY TRAINING AND ANNUAL EDUCATION LEAVE

The requirements for mandatory training are different for joint committee members and worker health and safety representatives.

All joint committee members selected on or after April 3, 2017 must receive eight hours of training and instruction. All worker health and safety representatives selected on or after April 3, 2017 must receive four hours of training.

COMFORT COMMITTEE

Illness

Wishing you a speedy recovery

Linda Haffner SE
Sherri Buss CC

Bereavement

With heartfelt sympathy for your loss

Heather Fletcher EB Loss of mother
Donna Richardson SD Loss of father
John Mitchell MT loss of mother

Thank you notes

Colleen Ginter - Thank you for the lovely flowers. Your thoughts help bring comfort.

Kim Busche - Thanks to everyone in the Union for the beautiful flowers during my difficult time with cancer treatment.



What can you do to make heart-healthy choices this month and all year long? Here are four tips from leading experts:

Eat smart. "Eating healthy doesn't have to mean dieting or giving up all the foods you love," writes the American Heart Association. It does mean controlling portion sizes, being mindful of what you eat, and making healthy food choices. You'll find lots of great heart-healthy recipes here.

Heart disease is the leading cause of death for both men and women in the U.S., the second leading cause of death in Canada, and the most common cause of death for males in the U.K., government studies show.

Move. Experts recommend getting at least 150 minutes of exercise a week. Exercise done in 10-minute increments counts toward that total. You're more likely to stick with it if you find forms of exercise you like. And look for ways to build more activity into your daily routine, even if it's small steps like parking further from the store in the parking lot. You'll find helpful ideas in this article on [How to Be Active Without Joining a Gym](#).

Quit smoking. Smokers have a higher risk of developing atherosclerosis—the buildup of fatty substances in the arteries—which can lead to a heart attack. Visit the site for the [Canadian Heart and Stroke Foundation](#) for more on quitting smoking.

Experts recommend getting at least 150 minutes of exercise a week. Exercise done in 10-minute increments counts toward that total.

Take care of your yourself. Along with eating smart and getting exercise, taking care of your overall well-being also helps protect against heart disease and other illnesses. That includes getting enough sleep, managing stress with practices like mindfulness, and connecting with family and friends to boost your mood-relaxing breaths.

Call LifeWorks at 1-888-307-0590 anytime. TTY: 1-877-371-9978

You can also visit www.lifeworks.com or login.lifeworks.com

(username: [deltaschool](#); password: [healthy](#)).

Executive

President	Patti Price	604-312-7595
1st Vice-Pres.	Ian Reade	
2nd Vice-Pres.	Jasbir Singh	
3rd Vice-Pres.	Kevin Berg-Iverson	
Sect'y Treas.	Eileen Penney	
Rec. Sect'y	Alexis MacPherson	

<u>Sergeant-at Arms</u>	Dejene Lenjesa
<u>Website/Newsletter</u>	Alexis MacPherson
<u>Trustees</u>	Larry Johnston
	Cyndi Smith
	Sherryann Weber

Occupational Health & Safety Committee

Kevin Berg-Iverson (MT) 604-841-0111

Unit Chairpersons

Clerical	Vacant
Custodial	Jasbir Singh
Maintenance	Kevin Berg-Iverson
EA	Sherryann Weber

Counselling Services (LifeWorks):

Call toll-free, 24 - 7: 1-888-307-0590

Shop Stewards

Chief Shop Steward:	Jonathan McCune	604-290-7375
<i>Maintenance</i>		
	Ryan Argue	604-946-5088
	Kevin Berg-Iverson	604-841-0111
	Kevin Hasebe	604-946-5088
	Jonathan McCune	604-290-7375
	Kevin Pencer	604-946-5088

Custodial

	Dejene Lenjesa (ND)	604-596-7471
	Rina Prasad (DE)	604-946-4194
	Jasbir Singh (GR)	604-594-2474

Education Assistants

	Kam Waraich-Bal (DG)	604-581-6185
	Daun Frederickson (MC)	604-596-9554

Clerical

	Alexis MacPherson (POP)	604-946-3610
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You may contact a shop steward of your choice directly or ask the chief shop steward for assistance.

CUPE BC BARGAINING SURVEY

We are excited to announce that CUPE BC is in the process of setting up a Bargaining Survey for all K-12 workers. This will be an online survey and there will be a limited deadline for completion. A few paper copies of the survey will be available at the union office as well.

This will be YOUR chance to have your voice heard at the provincial bargaining table for K-12.

Please watch for further information to come to your work location in the next couple of weeks.

UPCOMING EVENTS

March 8, 2018

International Women's Day

March 11, 2018

Clocks Spring Forward!

March 17, 2018

General Meeting

9:30 am sharp

DMEC

Join us for goodies & door prizes!