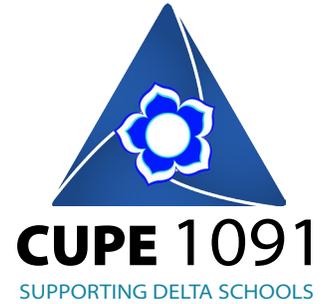


CUPE Local 1091
Canadian Union of
Public Employees
Delta School District
Support Staff

Next General Meeting
JANUARY 19, 2019
NDSS LIBRARY
9:30 am sharp!
*Join us for goodies
& a door prize!*



Newsletter

DECEMBER
2018

Horizons

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CONTACT US

website:
www.cupe1091.com

email:
local1091@cupe1091.com
phone:
604-940-8596



Sister, Brothers, Friends,

Seasons' Greetings and welcome to the first ever December edition of the Horizons Newsletter! Historically, our newsletter has only been published in months which include Local 1091 general membership meetings. However, there is a lot going on, not only in our district, but around the province, and we want our members to be as up-to-date as possible on issues that may affect them.

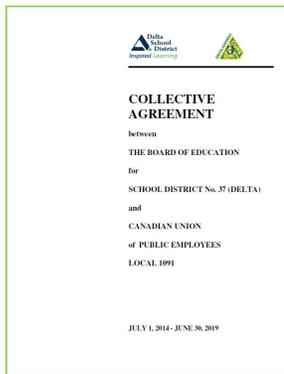
Five Local delegates have just returned from a week in Vancouver attending the 58th BC Federation of Labour Convention. During the week delegates heard from Jagmeet Singh, Federal NDP leader; John Horgan, Premier of BC; Tracy Prezeau, Executive Director from IBEW in the US and Ivan Coyote, Canadian spoken word presenter and author of 11 books on transgender issues and persons. Elections were held on Thursday and the new President and Secretary-Treasurer of the BC Fed are Brother Laird Cronk from IBEW and Sister Sussanne Skidmore from BCGEU. Thank you to the members of our Local who attended with me: Brother Ian Reade, Sister Eileen Penney, Sister Alexis MacPherson and Brother Larry Johnston.

Your local bargaining committee is scheduled to meet on December 14 to go over all the proposals that have been sent in by our membership over the last few weeks. This will be the first of a number of meetings to determine which proposals will come forward to the membership for ratification. Once ratified, the package of proposals will form the Local's position when we meet with the employer in 2019. Thank you to everyone who organized member meetings to discuss their issues and put proposals together and to all the individual members took time to send in individual proposals to our team.

As we head into the Winter Break, please take time to relax and enjoy visits with family and friends. Whether you are celebrating Christmas, Hanukkah, Kwanzaa or any other cultural celebration during this time you are wished peace and happiness.

In solidarity,
Patti Price
President, CUPE1091

KNOW YOUR COLLECTIVE AGREEMENT



ARTICLE 8: VACATIONS WITH PAY

8:04 Regular (10-Month) Employees

Regular (10 month) employees shall receive as holiday entitlement a percentage of gross earnings. Ten month employees who have scheduled time off during school breaks shall receive earned vacation pay as regular pay at Christmas break, Spring Break and on the last pay date in June. The remainder of the accumulated vacation pay is to be paid out on their last pay date in July. Vacation pay is to be calculated as at July 1st of each year.

| | |
|--------------------------------------|--------|
| Up to 2 years continuous employment | – 4 % |
| After 2 years continuous employment | – 6 % |
| After 8 years continuous employment | – 8 % |
| After 16 years continuous employment | – 10 % |
| After 22 years continuous employment | – 12 % |

This year, 10-month employees will receive their Christmas vacation payout with the pay deposit on January 11, 2019

Lifeworks

MAKING TIME FOR MINDFULNESS

Mindfulness: the practice of purposely focusing your attention on the present moment has many health benefits. It can help to reduce stress and anxiety, as well as improve mood and well-being.

While mindfulness is not an immediate cure, it is a path leading to behaviours that, according to Ron Purser and David Loy, “are conducive to wise action, social harmony, and compassion”—a path to interconnectedness. It’s worth the effort if it can help you experience more satisfaction and joy, this month and every month.

Start by learning about and practising mindfulness. Mindfulness techniques such as deep breathing, which you can do in your car, at work, or while visiting relatives, can help you feel calmer and less stressed, and also appreciate the here and now. Learn about the many ways to practice mindfulness in our Mindfulness Toolkit, where you’ll find articles and brief audio exercises you can practice anywhere.

Making time for quiet moments, especially during hectic times of the year like the holidays, is restorative and can help to improve physical and emotional well-being. Try to set aside a brief period of time each day when you can be still and free from distractions. Make sure this time is spent unplugged.

Take some time out to practice mindfulness as a welcome relief from all the hustle and bustle at this time of year. Doing so may help lead to improved well-being throughout the new year.

Call **Lifeworks** toll-free, 24/7: 1-888-307-0590

Executive

| | | |
|----------------|--------------------|--------------|
| President | Patti Price | 604-312-7595 |
| 1st Vice-Pres. | Ian Reade | |
| 2nd Vice-Pres. | Jasbir Singh | |
| 3rd Vice-Pres. | Kevin Berg-Iverson | |
| Sect'y Treas. | Eileen Penney | |
| Rec. Sect'y | Alexis MacPherson | |

Sergeant-at Arms Dejene Lenjesa

Communications Officer Alexis MacPherson

Trustees Larry Johnston
Cyndi Smith
Sherryann Weber

Occupational Health & Safety Committee

Kevin Berg-Iverson (MT) 604-841-0111

Unit Chairpersons

Clerical Heather Bowling
Barb Turner

Custodial Jasbir Singh

Maintenance Kevin Pencer

EA Sherryann Weber
Daun Frederickson

Shop Stewards

Chief Shop Steward: Jonathan McCune 604-290-7375

Maintenance

Ryan Argue
Kevin Berg-Iverson
Kevin Hasebe
Jonathan McCune
Kevin Pencer

Custodial

Ed Calvelo
Dejene Lenjesa
Rina Prasad
Jasbir Singh
Balvir Sangha

Counselling Services (LifeWorks):

Call toll-free, 24 - 7: 1-888-307-0590

LifeWorks is a confidential resource program to help you and your dependents manage personal issues at work or at home.

Education Assistants

Laurie Butterworth
Laura Cole
Petra Hoy
Daun Frederickson

Clerical

Alexis MacPherson

UPCOMING EVENTS

December 25 - January 1, 2019
District Closure

The School Board Office, DMEC and POPARD will be closed during this period. Within this period are 3 stat holidays: Christmas Day, Boxing Day, and New Year's Day.

January 19
General Meeting
9:30 am sharp

NDSS Library
Join us for goodies & a door prize!
If you're interested in having child care available at the meeting, please contact the Local office at least a week prior to the meeting.

BC FEDERATION OF LABOUR CONVENTION

November 26-30, 2018 at the Vancouver Trade and Convention Centre. The CUPE 1091 delegation included Patti Price, Ian Reade, Larry Johnston, Eileen Penney and Alexis MacPherson.

